

Medical SHO for Birns/Bhalla team (A3)

The Consultants (Dr Birns and Dr Bhalla) rotate every 3 months between the Stroke team and Medical/Elderly team.

You are based on Albert Ward (10th floor of north wing) but also have outlying patients elsewhere (mostly Sarah Swift and Victoria ward in the East wing).

There are 4 medical teams based on Albert Ward (for consultants Gibson, Hopper/Kinirons, Thomas and Birns/Bhalla.

Every morning the SHOs for each team take it in turns to allocate new patients to each team. We allocate on a Wednesday and the Friday of every 3rd week of the month. It is the SHOs responsibility to allocate but if they are not there then the FY1 can do it. Generally the Gibson team take rheumatology type patients and Thomas team take diabetic/endocrine patients but need to make sure each team has roughly equal number of patients on Albert ward and no more than 7 each.

If the team is on call for admitting or is post take then they do not get allocated any new patients as they will be too busy to pick up further patients.

The SHO and FY1 work together. There is also a SpR for the team but they mostly work with the FY1 covering the elderly care patients under Birns/Bhalla on Alexandra ward. However the SpR is the first port of call if you need senior guidance.

As the SHO you also have the responsibility to help out the FY1 in elderly care as necessary (but this does not happen very often) such as if the SpR is away.

There is a 'floating FY2' who covers team A1, A2 and A3. They generally go to the team which is post take or the team who is most in need of help e.g. if someone is off sick or away on a course and the team needs an extra pair of hands. If you feel you will need their help on a particular day it is best to book them in in advance.

Your bleep is 0405, FY1 is 0442, SpR is 0411.

On a normal day (not on call) this is the format for the week:

Monday: SHO ward round with FY1

Tuesday: Consultant Ward Round at 9am starting on Albert Ward

Wednesday: Alternate weeks SpR ward round/SHO ward round (depending on whether SpR is doing elderly care ward round on Alexandra ward)
2.15pm- MDM- present your Albert Ward patients to MDT, meeting chaired by Dr Birns/Bhalla-mostly discuss social situation and estimated discharge dates

Thursday: Consultant Ward Round 9am Albert Ward

Friday: SHO ward round with FY1

Prepare the weekend 'Pink sheets' to put in front of each a patient's notes

Prepare 'Hand over sheets' for the weekend- leave list on Sarah Swift ward Doctor's office (jobs for the weekend)

Teaching/Meetings

- Monday: HDU meeting on York road
- Tuesday: Journal Club meeting, 9th floor north wing- medical SHO takes turns to present journal on subject from the previous weeks Wednesday morning case report.
GPVTS half day release from 2pm
- Wednesday: 8am journal club (FY1 presents interesting case) in south wing committee room
Grand Round in Nevin LT at 1pm
- Thursday: Xray meeting in radiology dept at 1pm
- Friday: CMT and FY1 teaching in York road 1-2pm (compulsory for them)

On Calls

Reading the rota is an art. You are always on call with A3 team.

During the week: SHO 1 is day admitting, SHO 2 is night shift, SHO 3 is ward cover

At a weekend: SHO 3 is night shift (just the Saturday night) and SHO1 and 2 are day

If you are admitting for the day, collect bleep from night team (0490) at 8am and it's also nice to carry the ward cover SHO bleep (0452) until they arrive at 9am.

You are usually on call with your FY1 so if there are patients waiting to be clerked handed over from the night team then usually the SHO starts clerking whilst the FY1 does a ward round. But if not then its best to do the ward round quickly together until the SpR bleeps you to say there are patients waiting to be clerked.

The SpR keeps the list of patients.

The Post take ward round starts on Sarah Swift Ward. With Dr Birns it starts at 5pm but with other consultants it may be 6pm.

If you are on call for the wards, you do your normal day job then cover the wards from 5pm-8.30pm. Hand over to the night team at 8.30pm in the South Wing Committee wing. If you are quiet then it is nice to help the Twilight team who clerk patients between 5pm-8.30pm whilst the PTWR is taking place so that they don't have to hand too many over to the night team.

The night shift is busy. There is just one SpR, FY1 and SHO. Plus some SNPs

The FY1 is based in North Wing looking after ward patients (they don't admit).

The SHO looks after ward patients on East wing and also admits patients.

Hand over is at 8.30pm in South Wing committee wing. The morning PTWR starts at 8am in Sarah Swift.

There are blue 'Post take ward round sheets' which have to be filled out for every patient admitted (i.e. you don't write in the notes on the PTWR).

Weekends

Start at 8am. There are 2 teams: Admitting and Ward Cover, for each team there is a SpR, SHO and FY1. You swap over on the Sunday (i.e. do a day of admitting and a day of ward cover each).

If you are the ward cover SHO:

Go on the PTWR (see all admitted from 5pm the previous day i.e. there is a night team list and a twilight team list, and then cover the wards for the rest of the day.

If you are the admitting SHO:

Whilst the ward cover team is on the PTWR you cover the wards (if not too many waiting to be clerked). Then admit patients all day. There is not usually an evening PTWR (but some consultants do come in for one).

Annual leave

We have 27 days annual leave per 12 months.

Whilst on this GIM rota we get 3 extra days off per 12 weeks because of the EWTD.

I hope this is helpful and that you enjoy your post. Good luck!

Susan Clark. GPVTS ST1. September 2010.