

SELF-ASSESSMENT QUESTIONNAIRE

This questionnaire is to help you identify your learning needs:

- A = A high level of understanding and confidence in this area.
- B = Fairly confident in managing this area with minimal supervision.
- C = Uncertain about knowledge, but confident to manage with supervision
- D = Area needs further development

Initially it is normal to score low in many areas. However, in discussion with your educational supervisor this should help identify your learning needs.

Part 1: Learning a framework for substance misuse	Start	Mid	End
The doctor-patient relationship and its therapeutic value	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Factors leading to substance misuse	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Difference between recreational, problematic and dependent use	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Models of drug dependency	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Concepts of harm reduction	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Understanding the 'Orange Guidelines' DH 2007	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Roles of different professionals in the care of substance misuse	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Part 2: Clinical Skills	Start	Mid	End
Taking a substance misuse history and formulation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Confirming use	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Communication skills – recognising discrepancies and negotiation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Exploring treatment options	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Initiating treatment and prescribing drugs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Part 3: Knowledge and understanding of specific substances misused	Start	Mid	End
Acute problems resulting from substance misuse	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Opiate dependence (heroin, methadone and other preparations)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Stimulants (crack, cocaine, amphetamines)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Benzodiazepines	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Alcohol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cannabis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hallucinogens	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Volatile substances	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Part 4: Treatment	Start	Mid	End
Pharmacology relating to withdrawal management, substitution, complications of physical and mental health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Formulating treatment 'contract'	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Termination of treatment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Understand dependence related issues	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Motivational interviewing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Relapse prevention	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>